



6/29/2015	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Southwestern Scrambled Eggs with Ham, Peppers and Paleo Tortilla Chips	Greek Chicken Frittata with Fresh Fruit	Breakfast Pizza with Scrambled Eggs, Bacon and Maple Syrup	Hard Boiled Eggs and Paleo Breakfast Cookies	Blueberry Pancakes with Bacon
Lunch	Chicken and Shrimp Pad Thai	Beef Tacos with Housemade Paleo Tortillas and Salsa	Buffalo Hot Wings with Carrots, Celery and Housemade Ranch	Mediterranean Chicken Pasta Salad with Arugula, Olives, Goat Cheese and Red Wine Vinaigrette	BBQ Pulled Pork Sandwich with Coleslaw
Dinner	Sausage and Mushroom Butternut Squash Pasta	Paleo Chicken 'n Dumplings	Layered Chicken Ratatouille with Squash, Zucchini and Eggplant	Brazilian Fish Stew with Bell Peppers, Tomatoes and Onions	Salmon Burger with Lemon Dill Sauce and Cucumber Salad